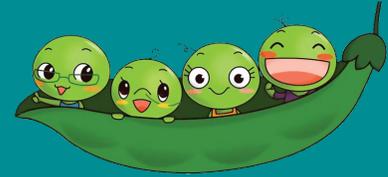


# PEAS Newsletter

Pediatric Eating And Swallowing | Sept 2020

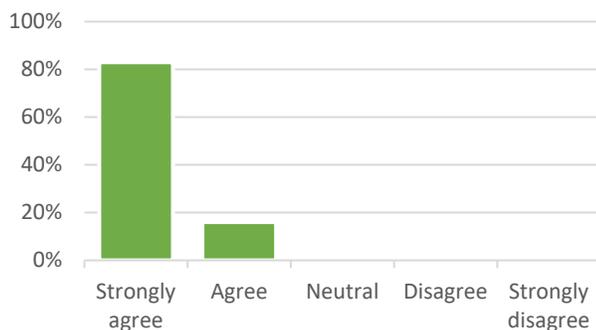


## World PEAS

The PEAS website ([peas.ahs.ca](http://peas.ahs.ca)) was launched this spring for families and healthcare providers. To date, over 1000 new users have accessed the numerous resources available on the PEAS website. While it is geared to families and clinicians in Alberta, visitors to the website have also come from locations outside Alberta, including Vancouver, Yellowknife, Toronto, and St. John's. The site has also had views from those outside Canada, including the US, Australia, and Greece. This is a great indication that the PEAS resources are highly adaptable and we hope you'll find them useful for your practice or family.

This summer, the PEAS team also presented a series of webinars for healthcare providers and practice leaders demonstrating the new website and tools, clinical practice guide, and collaborative practice resources. Over 300 people registered for the first webinar series and 83% of survey respondents said they strongly agreed that they would use the PEAS website. We have posted these recordings online and will be hosting a repeat webinar series this fall.

Having seen this presentation,  
I would use the PEAS website (n=76)



## PEAS Webinar Series

### Session 1: Overview and New Tools Oct 21, 3-4pm

This session provides an overview of the new resources and tools available to healthcare providers which include the new PEAS website, access and navigation, equipment and supplies and standardized practice and education resources.

[Click to register](#)

### Session 2: Clinical Practice Guide Oct 28, 3-4pm

This session introduces healthcare providers to the new Pediatric Eating, Feeding and Swallowing Disorder Clinical Practice Guide for Healthcare Professionals.

[Click to register](#)

### Session 3: Collaborative Practice & Roles Nov 5, 2-3pm

This session introduces healthcare providers to a variety of tools to support interprofessional practice, multidisciplinary roles, and principles of engaging in collaborative goal setting conversations with families.

[Click to register](#)

**Audience:** healthcare providers caring for patients with a pediatric eating, feeding, and swallowing disorder.

**Recordings** are also posted [here](#).

**\*New:** If you would like to receive a Certificate of Attendance, email: [peas.project@ahs.ca](mailto:peas.project@ahs.ca)



## Remembering Wendy a beloved friend and colleague

By Dr. Hamdy El Hakim & Mini Kurian  
on behalf of the PEAS Project and Stollery Children's Hospital

Wendy Johannsen, Pediatric Speech Language Pathologist and visionary passed away on July 21, 2020 after a brief but valiant battle with pancreatic cancer.

Over a long and distinguished career, Wendy worked in a number of community and hospital settings, including Alberta Hospital Ponoka, the Grey Nuns and Glenrose Hospitals as well as the Stollery and her own private practice. She was a dedicated member of two PEAS working groups, Standardized Practice and Education, and Roles and Implementation. Much of Wendy's work has served to form a springboard for this project's official documents. Wendy co-created the Swallowing and Dysphagia section of the PEAS Clinical Practice Guide. She felt strongly about interprofessional dysphagia assessment and collaborative practice, meticulously outlining the education and training essential to provide pediatric dysphagia care. Through her words and actions, Wendy was a role model for her SLP colleagues.

In 2012 Wendy co-founded the Pediatric Aspiration & Aerodigestive programs at the Stollery which deliver high quality multidisciplinary family-centered care. From the inception of these programs, Wendy was instrumental, serving as clinician, coordinator and administrator as well as being a key academic contributor. She authored and co-authored seven peer-reviewed publications as well as a book chapter, and was a respected speaker at numerous international, national and local conferences.

Wendy's contribution to her profession is undeniable and her legacy will be long lasting. She will be remembered for her positive outlook on life, her steadfast work ethic and her wonderful sense of humor as well as her love for food and travel. She is survived by her husband Kevin, sons Ty and Colby, her colleagues, friends and many, many families whom she passionately served and loved.

# PEAS & Thank You

## PEAS nominated for a Children's Healthcare Canada Award for Organizational Leadership

The PEAS Executive Leadership Team has proudly nominated the PEAS Project for a **Children's Healthcare Canada Award for Organizational Leadership**. This nomination is in recognition of the many dedicated and innovative **PEAS committee members** (families, clinicians and administrators across care settings and sectors) who have been working together like peas in a pod to transform care.

The award winner will be announced at the Children's Healthcare Canada conference Nov 16-20, 2020. Regardless of whether PEAS wins, there are so many winners as a result of the PEAS project!

## Thank You

We want to share some of the many glowing comments that have been received by families and clinicians regarding the value of the PEAS website and resources. Your feedback and input is so vital to the success of this project. Thank you to everyone involved with PEAS and your support to share it with others. You are making a difference!



*"[Our] family would like to pass along a huge THANK YOU to all the clinicians and everyone that helped make the PEAS website possible, as well as everything you do every single day with amazing resources and assistance to help families like ours." – Family member*

*"There are SO many resources in a central location. This website will be my go-to source for feeding now." – Community provider*

*"The information for [healthcare providers] will be invaluable to furthering my education in this area." – Acute care provider*

*"Great resources for clinicians and families! Love the equipment list/catalogue!" – Community provider*

*"It is evident how much time, effort and passion you all put into making the website and materials so comprehensive and easy to access and use." – Community provider*

*"If PEAS existed 8 years ago, I could have completed the patient questionnaire to see if I should be concerned and it would have prompted us to seek some assistance earlier than we did. I would have understood the type of providers I might have had involved in our life. PEAS has great information including handouts. My heart sang when I saw that there was a self-care component in PEAS because during that time I neglected my self-care and addressing that in PEAS is so wonderful. My hope is families could use PEAS as a single source of truth and I think this is going to be so much easier for families in the future." – Family member*

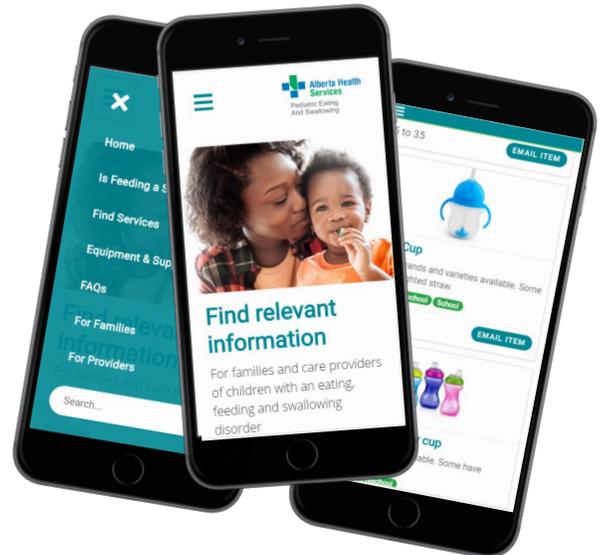
## Do you want to get involved with PEAS?

- Email us: [PEAS.Project@ahs.ca](mailto:PEAS.Project@ahs.ca)
- Join our online Community of Practice

## What's New?

While the PEAS website is new to most people, we continue updating it to make sure you have the most relevant and current resources. We've recently added:

- ✓ **Family handouts**
  - Your Baby's Feeding Cues
  - Benefits of Feeding in a Side Lying Position
  - Gagging in Babies and Children
  - Introducing New Foods to Your Child
  - Purchasing a Highchair
- ✓ **Family resources**
  - Autism Spectrum Disorder resources
  - Family health journal/binder examples
  - Normal Swallowing in Children video
- ✓ **Professional Development Courses & Webinars**
  - PEAS Webinars
  - Link to the new AHS Breastfeeding Course
- ✓ **Ordering handouts & forms in bulk outside of AHS**



**Do you have a suggestion?**

Email us: [PEAS.Project@ahs.ca](mailto:PEAS.Project@ahs.ca)

## Stay Tuned

The U.S. Centers for Disease Control and Prevention has approved **Pediatric Feeding Disorder as a diagnostic code** in the next edition of the American International Classification of Disease that will be published on October 1, 2021. This is exciting news and we are identifying how and when this diagnostic code can be used by Alberta Health Services.

### About PEAS

Pediatric Eating And Swallowing (PEAS) is a quality improvement project to standardize services and improve care for children with an eating, feeding and swallowing (EFS) disorder in Alberta.

The PEAS Project's mission is to capture the spirit and harness the power of collaboration to enhance and standardize interdisciplinary practice in the area of eating, feeding and swallowing, in order to attain the best outcomes for our patients and their families.

For more information, check out our [website \(peas.ahs.ca\)](http://peas.ahs.ca) or email: [peas.project@ahs.ca](mailto:peas.project@ahs.ca)

To subscribe to our email list, [click here](#).  
To unsubscribe, [click here](#).